

EMBRACE THE JOURNEY

Monthly Caregiver Support Group



**3RD WEDNESDAY
OF EACH MONTH
2:00PM - 3:00PM**

VENUE:

TRADITIONS OF ZANESVILLE
Activity Room
1575 Bowers Lane
Zanesville, OH 43701



**FOR MORE INFORMATION,
PLEASE CONTACT:**

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Concierge

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You Don't Have to Walk This Journey Alone... Find Support, Connection & Understanding

Caring for a loved one living with Alzheimer's Disease or dementia comes with unique challenges, but you don't have to navigate them alone. Join us for our monthly caregiver support group—a welcoming space to connect with others, share experiences, and learn together.

Enjoy light refreshments and beverages as we discuss common caregiving challenges, explore ways to strengthen communication, and discover strategies for finding balance while caring for your loved one. You'll also gain helpful tools and insights to approach each day with greater confidence, understanding, and peace of mind.

We look forward to welcoming you!